

# Mental Spinach

## Order Form for Independent Booksellers

Big questions, full-colour diagrams, a compact A6 format and a \$10RRP make Mental Spinach the perfect book to walk off your shelves all year round. This pocketbook helps readers to spot more opportunities and to meaningfully design and build their lives. It's a bite-sized resource for people of any age and is built around Four Lenses or perspectives on life. It can be read easily in one sitting and then used as a thought-prompter.

It has sold well and is regularly reordered by all the stores where it is stocked – mainly inner west Sydney. And what's more, it's a win/win - every dollar received by the authors goes to charities which are positively impacting the lives of disadvantaged young Australians.



### Title - Mental Spinach

Authors - Jess and Ian Pollard

ISBN – 978-0-6482207-0-1

Softcover A6 RRP - \$10

Discount – 40%

Supplier – Haystone Services Pty Ltd

ABN 50 046 767 165

Happy to work on consignment or firm sale (All the \$6 goes to charities for education of disadvantaged children – currently Story Factory & Australian School Plus)

Place orders via email to [jessandianpollard@gmail.com](mailto:jessandianpollard@gmail.com)

Information required:

- Store name
- Store contact person
- Address for delivery
- ABN
- Email
- Phone number
- Number of copies (minimum 5)
- Whether for consignment or for firm sale

[www.mentalspinach.com](http://www.mentalspinach.com)

